


# JUNE 2024 WELLNESS CALENDAR

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						<p>1</p> <p>West Cape May Strawberry Festival, 9-5pm, 155-111 Myrtle Avenue West Cape May</p>
<p>2</p> <p>Sensory Sensitive Sundays at Chuck E Cheese, - Mays Landing ( First 2 hours of opening)</p>	<p>3</p> <p>Juneteenth Paint Night 5-6pm, Inland FSC, 3050 Spruce Avenue Egg Harbor Township</p>	<p>4</p> <p>Slice &amp; Save with Ocean First Bank, 4-5pm, , 3050 Spruce Avenue Egg Harbor Township</p>	<p>5</p> <p>Unapologetically me, Borderline Personality Disorder Support Group, 5-6pm, call 609-652-3800 for link</p>	<p>6</p> <p>"Better Together" A Group for Those with Mental Health &amp; Physical Challenges, 4-5pm, Oceanside FSC.</p>	<p>7</p> <p>Meditation 11-11:30, Oceanside FSC, 3201 Atlantic Avenue, Atlantic City, Nj</p>	<p>8</p> <p>Downtown Wildwood Farmers Market, 8am-13:30pm, Bryne Plaza.</p>
<p>9</p> <p>Island Waterpark At Showboat, 9am-12pm, Sensory Sunday</p>	<p>10</p> <p>Get Fit for Father 's Day, 5-6pm, Inland Family Success Center, 3050 Spruce Avenue Egg Harbor Township</p>	<p>11</p> <p>Summer/Water Safety 2-3, Oceanside FSC, 3201 Atlantic Avenue, Atlantic City, Nj</p>	<p>12</p> <p>Family Fun Night with SNAP-ed, 4-5pm, Inland Family Success Center, 3050 Spruce Ave</p>	<p>13</p> <p>One Stop for Employment and Training 12-3, Oceanside FSC, 3201 Atlantic Avenue, Atlantic City, Nj</p>	<p>14</p> <p>Yoga, 11:30-12:30, Oceanside FSC, 3201 Atlantic Avenue, Atlantic City, Nj</p>	<p>15</p> <p>Job Skills Lab, 9:30-12:30, Atlantic City Free Library, 1 North Tennessee Avenue Atlantic City</p>
<p>16</p> <p>Yoga on the Beach, Burk Ave, 9am, \$7 fee, behind wildwood convention center.</p>	<p>17</p> <p>First Time Home Buyers Workshop, 6:30pm-7:30pm, Inland Family Success Center, 3050 Spruce Avenue</p>	<p>18</p> <p>Diabetes Prevention Group, 1-2pm, Oceanside FSC, 3201 Atlantic Avenue, Atlantic City, Nj</p>	<p>19</p> <p>Yoga, 4:30pm-5:30pm, Cape Regional Recovery Center   1304 Route 47, Unit WL   Rio Grande, NJ.</p>	<p>20</p> <p>Teen Advisory Group (TAG) meeting, 3-4pm, Atlantic City Free Public Library 1 North Tennessee Avenue</p>	<p>21</p> <p>Overeaters Anonymous, 3-4pm, Cape Regional Recovery Center   1304 Route 47, Unit WL   Rio Grande, N.J.</p>	<p>22</p> <p>Heart of Surfing Surf Day, 10am-1pm, Brigantine Beach between 16th and 17th Street</p>
<p>23/30</p> <p>WW Boardwalk Craft show, , 9-3pm,</p>	<p>24</p> <p>Slow Flow Yoga, 9:15am , Wildwood Crest Branch 6300 Atlantic Avenue Wildwood Crest</p>	<p>25</p> <p>Computer Basics Level 2 5-6:30 Oceanside FSC, 3201 Atlantic Avenue, Atlantic City, Nj</p>	<p>26</p> <p>Hamburgers &amp; Hurricane Preparedness, 4-5pm, Inland FSC, 3050 Spruce Ave Egg Harbor Township</p>	<p>27</p> <p>One Stop for Employment and Training 12- 3, Oceanside FSC, 3201 Atlantic Avenue, Atlantic City, Nj</p>	<p>28</p> <p>Summer Splash Party *Ages 6-10* , Inland FSC, 3050 Spruce Ave Egg Harbor Township</p>	<p>29</p> <p>Heart of Surfing Surf Day, 9-12pm, Ocean City, NJ 57th St.</p>